

REGINA

Infinite Horizons



Welcome To Regina

Regina is a unique blend – home to a 100-year-old symphony orchestra and the nation’s most passionate sporting enthusiasts; a shining city rising from a flat prairie landscape, less than an hour from a stunning valley studded with sparkling lakes.

Regina wholeheartedly welcomes you to revel in the astonishing variety of cultural, entertainment and recreational opportunities that abound in and around the city. From the serene park created at the heart of the city to exhilarating events and festivals to fascinating museums, galleries, heritage and science centres – Regina offers memorable experiences for all.

Just like our horizons, the opportunities are infinite.





Sport In Regina

World Cup of Standing Volleyball, Western Canadian Midget AAA Baseball Championships, Canadian Long Track Masters Olympic Style Championships, Wrestling Junior Nationals, Grey Cup, Western Canadian Tae Kwon Do Championships, Canadian Ringette Championships, Canadian Senior Weightlifting Championships, Canadian National Lacrosse Championship, CIS Women's Basketball Championships, Baseball, Football, Canadian Paralympic Athletic Championships, Canadian Appaloosa Horse Championship, Rugby Super League Final, World U17 Hockey Challenge, Canadian Olympic Association Congress, Jeux du Canada Summer Games, Tim Hortons Brier, National Indoor 3D Archery Championships, Western Canadian Tae Kwon Do Championships, IJF World Junior Judo Championships, Western Shield Senior Female Hockey Championships, Water Polo Cadet Boys National Championships, Canadian Badminton, Bowls Canada Men's National Championships, Canadian Sprint Canoe/Kayak Championships, Gymnastics Nationals, Scotties Tournament of Hearts, Canadian Wakeboard Nationals, Girls National Fast Pitch Championships, Canadian Master Outdoor Track & Field Championships, Canadian Tae Kwon Doe Olympic Trials, CIS Wrestling Nationals, Queen City Marathon, Rodeo Championships, Grey Cup, Canada Summer Games, CIS Women's Basketball Championships,...

Regina has a long, proud history of hosting successful sport events - you name the sport, and it's likely we have the facility and knowledge to make it the "best ever"!

Our first-rate facilities, excellent accommodations and welcoming spirit make Regina the perfect host for any sport event.





Here to Assist you

We know you are looking for more than just hotels and event facilities; you want to know how the destination can be a unique and complete experience for your participants. ***The Regina Regional Opportunities Commission (RROC)*** is the destination marketing organization for the Regina Region and as such, excels in utilizing its expertise and community partnerships to facilitate exceptional event experiences that showcase the Regina region in its entirety.

We are here to assist the events right holders, the host committee and the participants throughout each step of the event process from the planning to the wrap-up party.

We work closely the many tourism stakeholders including experienced representatives from our city's hotels, facilities, and suppliers; all of whom are willing to share their expertise to support and ensure your next event is an extraordinary success.

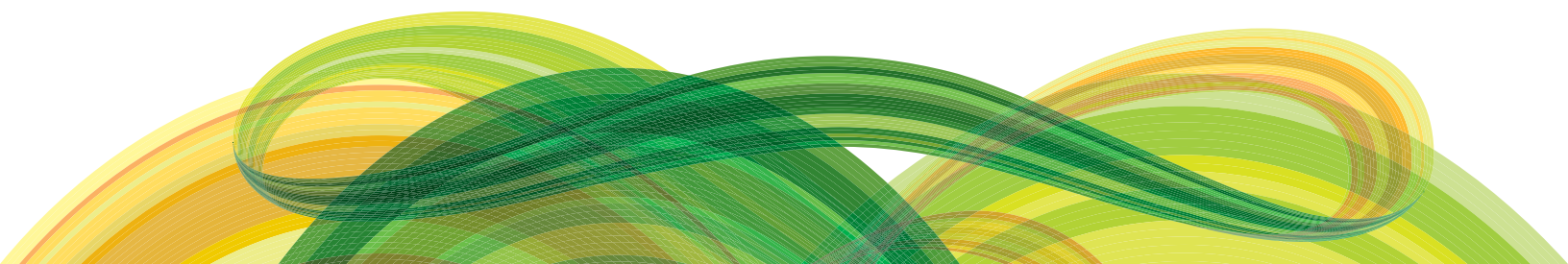
We look forward to assisting you with any or all of the following services:

- Bid development for sport events.
- Managing the RFP process with hotels and event suppliers.
- Gathering support for your event on local organizations, municipal and provincial levels.
- Providing the needed support to the local host committee.
- Facilitating site and familiarization tours.
- Planning off-site events, companion programs and transportation logistics.
- Volunteer recruitment.
- Promoting your event and increasing attendance.

Contact Karen Mulatz
RROC Special Events Manager
(306) 751-8778
kmulatz@reginaroc.com
www.reginaroc.com

Regina's story is about optimism and endless possibilities.

It's about opportunity expanding around us like our infinite horizons. We are looking forward to sharing our welcoming spirit and the character of our city with you.



Sask Sport Inc

Sask Sport Inc. operates Saskatchewan Lotteries as the fund raiser for sport, culture and recreation through a licensing agreement with the Government of Saskatchewan. Proceeds from Saskatchewan Lotteries are deposited in the Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation. Volunteer committees from Sask Sport Inc., SaskCulture Inc., and Saskatchewan Parks and Recreation Association Inc. adjudicate all requests made to the Trust Fund. Funding is provided to more than 12,000 volunteer, non-profit, sport, culture and recreation groups in the province. Each year more than 100 major sporting events are organized through our provincial sport governing bodies and managed by volunteers in Saskatchewan.

Hosting Grants - To support regional, national, and international amateur sport events hosted in Saskatchewan the following hosting grants can be applied for:

Regional: up to a maximum of \$2,500

National: up to a maximum of \$6,000

International: up to a maximum of \$25,000

The Canadian Sport Centre Saskatchewan (CSCS)

The Canadian Sport Centre Saskatchewan (CSCS) provides a comprehensive range of services for athletes and coaches, within three streams Performance Enhancement, Support Services and Life Services, providing world-class athlete and coach services. The Centre works in partnership with national and provincial sport organizations to ensure athletes have access to the necessary services and facilities to support their dreams. For more information on CSCS visit www.csc-sask.ca. CSCS Training Camp Services: CSCS Provides support to National Team training camps, try-outs or competitions that are being held in Saskatchewan in preparation for upcoming International competitions. Here are the services the CSCS can assist:

Facilitate access to a fitness facility

CSCS GymFit partners

Medical Support as per Sport Medicine and Science Council fee schedule

Sport Science Services – Physiotherapy, athletic therapy, massage therapy, chiropractor,

Fitness Testing, Strength and Conditioning

Seminars and Workshops

Administrative Support – assisting with various event arrangements

Promotion/Media Releases

Some assistance for facility & location

Personal and Professional Development

Simple To Get Here

In some cities, getting to the airport is almost a trip in itself. In Regina, getting to the airport takes only minutes. In fact, the Regina International Airport is only 10 minutes from the vibrant downtown core; a distance significantly less than Toronto, Montreal, Calgary and Edmonton. This means your participants will spend much less time and money getting to their hotel and spend more time playing and watching the sport they love.

Regina's welcoming character is felt and shared by all its citizens. Regina Ambassadors will welcome your participants at the airport and provide general information on how they can enjoy their experience in Regina. The Regina Airport Authority also has an airport greeter kiosk available for event organizers to book ahead of time, ensuring your event is promoted from the first impression.

Daily Arrivals at Regina International Airport

ORIGIN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Calgary	9	9	9	9	9	8	8
Chicago	1	1	1	1	1	1	1
Denver	2	2	2	2	2	2	2
Edmonton	3	2	3	2	3	3	3
Las Vegas	1	0	0	0	1	0	0
Minneapolis	4	4	4	4	4	4	4
Ottawa	1	1	1	1	1	1	1
Toronto	4	4	4	4	4	3	4
Vancouver	3	3	3	3	3	2	3
Winnipeg	3	3	3	3	3	3	2

Daily Departures at Regina International Airport

DESTINATION	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Calgary	9	9	9	9	9	9	9
Chicago	1	1	1	1	1	1	1
Denver	2	2	2	2	2	2	2
Edmonton	3	2	3	2	3	3	2
Las Vegas	1	0	0	0	1	0	0
Minneapolis	4	4	4	4	4	4	4
Ottawa	1	1	1	1	1	1	1
Toronto	4	4	4	4	4	3	4
Vancouver	3	3	3	3	3	1	2
Winnipeg	3	3	3	3	3	3	3

Enjoy the Moments Here.

Whether you're looking to take in a captivating performance or get right in on the action, you can indulge your senses in Regina – a community that values making time to enjoy life's most vibrant moments.

- Visit Canada's largest legislative building.
- Watch the RCMP Sunset Retreat Ceremony, one of Canada's Top 20 events.
- Stroll through Wascana Centre, one of North America's largest urban parks.
- Try your luck at the 788 slot machines at Casino Regina, or catch a show in their Vegas-style show lounge.
- Shop in one of our unique neighborhoods such as the Cathedral Village or the Warehouse district.
- Paddle around spectacular Wascana Lake by pedal boat, canoe, kayak or dragon boat.
- Explore the stunning Qu'Appelle Valley, studded with seven sparkling lakes all within an hour of Regina.
- Practise your swing at one of the national calibre and highly affordable golf courses within the area.
- Experience living history at the Tunnels of Moose Jaw or relax at the Temple Garden Mineral Spa, both thirty five minutes from Regina.
- Experience a taste of authentic cowboy life at Beaver Creek Ranch.
- Experience the culture of the diverse First Nations which form a rich part of Saskatchewan's history.
- Experience the dynamic and spectacular nightlife with pubs and clubs.



Accommodations

The Regina Hotel Association invites you to experience quality service with a warm and welcoming atmosphere at any one of our many accommodation choices. An assortment of major hotel brands, conference hotels, suite hotels, historic landmarks and inns are available to choose from...all conveniently located within a 15 minute ride to any Regina attraction, facility or the airport.

Regina Hotels	Number of Rooms	Meeting Rooms	Restaurant or Lounge	Complimentary Breakfast	Business Centre	Internet Access	Spa/Beauty Salon	Fitness Centre	Sauna or Whirlpool	Indoor Pool	Waterslide	Kitchenette/Mini-Kitchenette	Wheelchair Access	Pet Friendly	Location
Best Western Seven Oaks Inn www.bestwesternsevenoaks.com	157	9	✕	✕	✕	✕	✕	✕	SW	✕	✕	✕	✕	✕	N
Chateau Regina www.chateaureginahotel.com	150	3	✕	✕	✕	✕	✕	✕	W	✕	✕	✕	✕	✕	E
Comfort Inn www.choicehotels.ca/cn351	99		✕	✕	✕	✕	✕	✕				✕	✕	✕	E
Country Inn & Suites by Carlson www.countryinns.com/reginask	76	1	✕	✕	✕	✕	✕	✕				✕	✕	✕	E
Days Inn www.daysinnregina.ca	129	1		✕	✕	✕	✕	✕	W	✕	✕	✕	✕	✕	E
Delta Regina www.deltahotels.com	274	21	✕		✕	✕	✕	✕	W	✕	✕	✕	✕	✕	D
Holiday Inn Express www.hiexpress.com/reginask	78			✕	✕	✕	✕	✕				✕	✕	✕	D
HomeSuites www.homesuites.ca	60			✕	✕	✕	✕	✕				✕	✕		E
Quality Hotel www.qualityregina.com	126	4	✕		✕	✕	✕	✕	S			✕	✕	✕	D
Hotel Saskatchewan www.hotelsask.com	224	13	✕		✕	✕	✕	✕	SW			✕	✕	✕	D
Regina Inn www.reginainn.com	235	12	✕		✕	✕	✕	✕				✕	✕	✕	D
Ramada www.saskramada.com	232	14	✕		✕	✕	✕	✕	SW	✕		✕	✕		D
Sandman www.sandmanhotels.com	132	3	✕		✕	✕	✕	✕	W	✕		✕	✕	✕	E
Super 8 www.super8.com	59			✕	✕	✕	✕					✕	✕	✕	E
Travelodge www.travelodgeregina.com	200	15	✕		✕	✕	✕	✕	W	✕	✕	✕	✕		SA
West Harvest Inn regina.westharvest.ca	105	2	✕		✕	✕	✕	✕				✕	✕	✕	SA
Wingate by Wyndham www.wingatebywyndhamregina.com	118	2		✕	✕	✕	✕	✕				✕	✕	✕	D

✕ - Sauna D - Downtown E - East
 W - Whirlpool SA - South/Airport N - North

Welcome To Your Home Away From Home: University of Regina Residence Hotel Services

Located in Wascana Centre, the largest urban park in North America, the University of Regina offers quality, affordable accommodations that are just like home. Built in 2004, the New Residence complex offers a maximum of 850 beds in apartment style suites featuring private bedrooms, full kitchens, and common living room and dining room space.



University of Regina Residence Services Hotel Suites come equipped with bed linens, bath/hand towels, and wash cloths, bar soap and drinking cups. Also included in the room cost is access to both cable and wireless internet within the facility.

We offer a very flexible and customized experience to our guests. To accommodate a wide variety of group and budget needs, we have several different bed configurations that we can offer. The size of our bedrooms offers the opportunity to lower the cost per person by increasing bedroom occupancy (bunk beds and a single bed are installed). Costs for each configuration are:

Single Occupancy - \$47 (plus GST & PST) per person per night

Double Occupancy - \$29 (plus GST & PST) per person per night

Triple Occupancy - \$25 (plus GST & PST) per person per night

Let us help you coordinate additional services while staying on campus. We offer assistance in securing additional University of Regina services, such as on campus parking, food services, conference space, audio-visual equipment, extra event security, and catering.

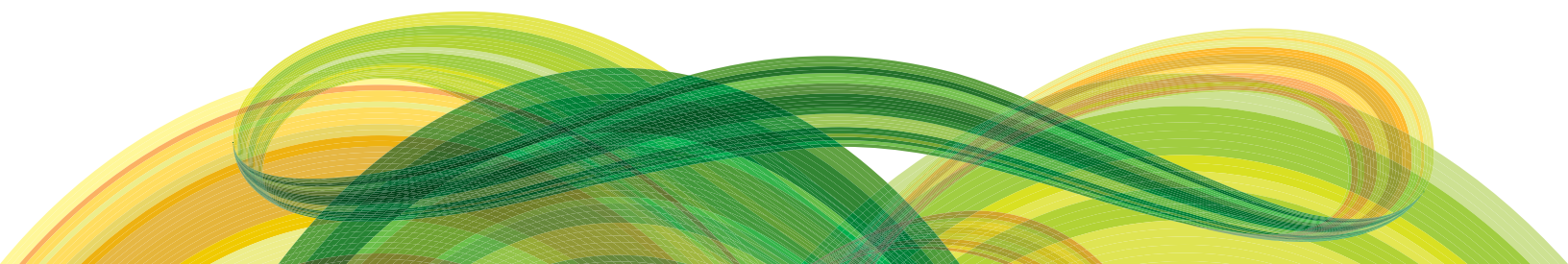


Facilities

In a city blessed with athletic prowess, is it any wonder that recreational and competitive sport facilities can be found in every part of town? Whether your event includes a 5k run, a game of softball, an evening of powerskating, extreme sports, gymnastics, tennis or curling, you'll find the resources and facilities in Regina to accommodate your needs.

The following pages gives brief descriptions of the sport event facilities in Regina. For more detailed information on all sport venues, RROC has built an interactive facility guide to help you find the perfect venue to host your event.

For access to this guide, or for any more information on any venues, please contact Karen Mulatz at RROC - kmulatz@reginaroc.com or 306-7518778. The interactive facility guide can also be found online at reginaroc.com (click on the visit Regina picture) or <http://publications.flomags.com/facilityguide/2/>



City of Regina

The City of Regina offers premier level sport venues that are second to none in Western Canada. Our facilities have successfully hosted the 2005 Canada Summer Games, 2003 Grey Cup, the 2007 Rugby Canada Super League Final National Championship and many more national and provincial level events.

Host your baseball event on one or more of our beautiful diamonds. Regina has 5 national and professional level venues. These include Douglas Park, Currie and Kaplan Fields in Mount Pleasant Park, the Optimist diamond, and Rambler Park. Many of these venues offer lighting, digital scoreboards and permanent seating capacity that ranges from 200 to over 500.



Regina offers options for indoor or outdoor track and field events with the Canada Games Athletic Complex and the Sportplex – Fieldhouse. Both of facilities are upgraded to meet high athletic standards. Each has a track, jump pits, pole vaulting, shot put and much more.

Mount Pleasant has a 400-metre Olympic-style outdoor speed skating oval that includes a time keepers shake. This venue recently hosted a national outdoor speed skating event.



City of Regina

The City of Regina also boasts the Sportplex - Lawson Aquatic Centre as a solution to your aquatic needs. Two moveable bulkheads create a 50 meter competitive swimming tank, 18.5 metres in width. It features 5-metre, 7.5-metre and 10-metre towers, along with two 1-meter and two 3-metre springboards. The athlete warm up pool is 18.5 metres and there is also a large warm swirlpool and infant/children's tank as part of the facility.



Regina boasts one of the only three, four-pitch lawn bowling facilities in Canada. The Leslie Bowling Greens is a beautiful venue with a fully operational Clubhouse.

We have your football, soccer, rugby and other field sporting events covered with a variety of field turf and natural grass options. Leibel Athletic Field and Taylor Field at Mosaic Stadium offer artificial turf with options to suit any events. Mount Pleasant and the Rugby clubhouse have natural grass if you prefer. Each has a concession, change rooms and seating for events.



University of Regina

The Centre for Kinesiology Health and Sport (CKHS)

The Centre for Kinesiology Health and Sport Facilities are intended for the educational and recreational use of the University of Regina community. When not in use for academic, athletic, and recreational sports programs or other University related events, facilities may be used by the general public for recreational events in accordance with the terms and conditions of the Faculty of Kinesiology. In such, the Facilities division will strive to meet excellence in standards for any event or program that takes place within all areas of the CKHS. This will be achieved by a high standard of facilities, equipment and resource.



The Centre for Kinesiology Health and Sport

- Triple gymnasium containing three regulation basketball courts and spectator seating for approximately 2,000 people
- 2 auxiliary gymnasiums containing regulation sized basketball courts.
- Rams Football Complex with 72 station team room and memories room
- Team rooms: 9 individual team rooms with adjoining shower facilities
- Wrestling and Combative Room
- Artificial grass playing field lined for football and soccer
- 6 lane 25 metre pool with separate diving tank (one and three metre springboards)
- Elevated four-lane running track
- Movement studios
- On-site medical offices
- Underground parking



Wascana Centre

In the heart of Regina, you'll discover one of North America's largest urban parks – Wascana Centre. Everything from the eight kilometer paved multi-use trail running along Wascana Creek to its nearly 300-acre lake is entirely man-made. Cyclists, joggers and cross-country skiers are among the many outdoor recreation and competitive sport enthusiasts who take full advantage of Wascana Centre venues.



Wascana Centre

Within the boundaries of one of Canada's largest urban parks, you'll find the perfect venue for many sport events. Here are some of the highlights:

The Canada Games Athletic Complex at Douglas Park

- five tennis courts
- one cricket pitch
- Leibel Athletic Field (football, lacrosse and soccer turf - expansion coming soon!)
- four softball diamonds
- full track and field complex complete with 400 metre track and seating capacity for 2000

Wascana Lake

- 300-acre lake with capacity to host national and international rowing, canoe and kayak events
- hosted Canadian Wakeboarding Championships
- complete boathouse with storage docks, change rooms and lockers

Other Facilities

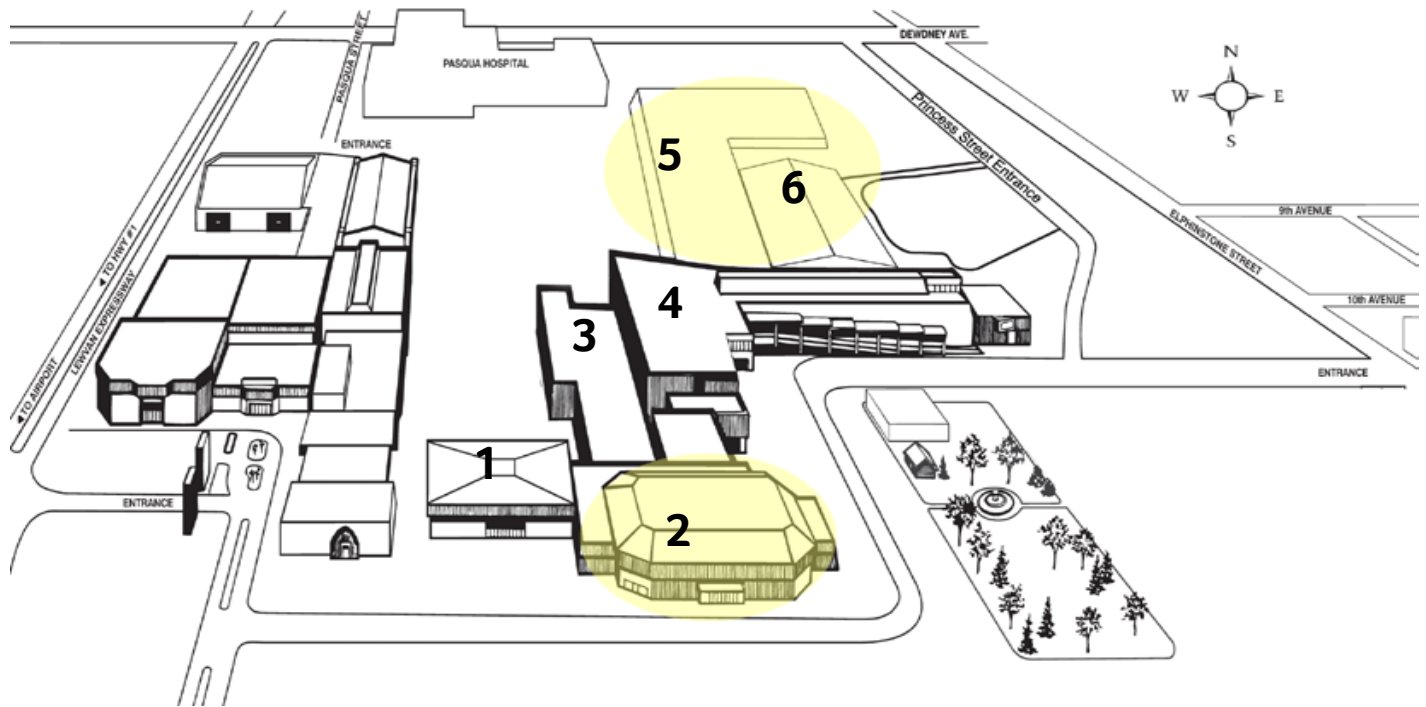
- Conexus Art Centre (2030 seat theatre ideal for banquets, galas, opening and closing ceremonies; over 30,000 square feet of conference space; full catering services)
- Wascana Pool - outdoor pool with 8x25metre lanes with diving boards; pool has also been used for triathlons
- over 8 kilometres of smooth pathways ideal for cycling and marathons.
- attractions including the Science Centre and Imax, the Legislative Building, nature sanctuary, two restaurants, McKenzie Art Gallery, Royal Saskatchewan Museum.



Evraz Place

Evraz Place is a 102-acre world-class event site situated in the heart of Regina, Saskatchewan – one of Canada’s most beautiful and dynamic cities. It is one of the largest and most influential event complexes in the country and is a centre of excellence for entertainment, agri-business, sporting, recreational and cultural activities. Evraz Place boasts over half a million square feet of indoor space and close to one million square feet of outdoor space only 5 minutes away from downtown and the Regina International Airport.

Evraz Place offers three main sports competition venues all minutes from the Regina International Airport and from all downtown Regina hotels. Best of all, these three facilities are all interconnected allowing for maximum event planning flexibility. Adjacent to each facility is one of Western Canada’s top convention centers, the Queensbury Convention Centre, providing full service catering and meeting rooms for groups as small as 12 or as large as 1,500.



1. Agribition Building
2. Brandt Centre
3. Ag-Ex Pavilion

4. Queensbury Convention Centre
5. The Co-operators Centre
6. Credit Union EventPlex

Evraz Place

The Brandt Centre

- Seating Capacity is 7,000
- Playing Surface NHL regulation 200 x 85 ice surface
- 7 Team Locker Rooms
- Full service concessions available
- 21 Luxury Suites
- Media Facilities Press box with up to 3 broadcast locations and seating for up to 24 additional working media.



The Credit Union Event Plex

- Seating Capacity for 1,500
- Playing Surface is 65m x 110m synthetic turf
- 16 Team Locker Rooms
- Food & Beverage Tim Horton's on-site, full service concessions available
- Suitable space for media and VIP area available
- 90,000 sq ft
- 35 ft ceilings

The Co-Operators Centre

- Seating Capacity (main arena) 1,400
- Playing Surfaces = 6 NHL regulation 200 x 85 ice surfaces
- 32 Team Locker Rooms
- Food & Beverage Full service concessions available
- Restaurant, lounge and Tim Horton's
- Media Facilities 2 press boxes with room for up to 20 working media



Team Regina!

RROC would like to thank each of the partners involved in the 2010 CSTA Sport Event Congress, Team Regina. These partners are crucial to hosting successful sport events in the city of Regina and each have qualified, knowledgeable staff waiting to assist you and the event hosting committees.

Regina Regional Opportunities Commission (RROC)

RROC is the economic development and destination marketing organization for the City of Regina. We promote the Regina region as a premiere destination to work, live and visit. For more information on tourism or business opportunities in Regina, please check us out online at reginaroc.com. For event specific inquiries, please contact Karen Mulatz, Special Events Regina at kmulatz@reginaroc.com.



Regina
Regional
Opportunities
Commission



City of
Regina

City of Regina

This prairie city is the perfect place to visit, work and live. It is an excellent location for any sport event, with an abundance of parks, sport facilities, smooth pathways, attractions and an exceptional welcoming spirit. For more information about the City of Regina, visit regina.ca. For inquiries regarding City of Regina facilities, please contact Chad Engel - cengel@regina.ca

Team Regina!



Evraz Place

Evraz Place is a vibrant 102 acre sports, entertainment & business hub located in the heart of Regina. Only minutes away from the downtown core and the airport, Evraz boasts 3 of Regina's top event hosting facilities including the Brandt Centre, The Co-Operators Centre and The Credit Union Event Plex. For more information visit evrazplace.com. For more information on the sport facilities, please contact Tracey Mazur, Program Development Manager - tmazur@evrazplace.com.

Wascana Centre

Wascana Centre is a beautifully landscaped 930 hectare park surrounding a 120-hectare lake located in the heart of the City of Regina. The hundreds of events happen throughout the year include many walks, jogs, runs and marathons, national and international lake sport events, and music and cultural festivals. For more information on Wascana Centre visit wascana.ca or contact Bernadette McIntyre at bernadette.mcintyre@wascana.sk.ca



University of Regina

University of Regina is a dynamic, innovative university where excellent teaching and leading-edge research are happening side-by-side. At the same time, the quality of student life and the services available to support student achievement are second to none. The Centre of Kinesiology, Health and Sport is a first-class facility capable of hosting your sport event. For more information, visit uregina.ca. Contact Phil Poier for more information on the facilities at philip.poier@uregina.ca.



Team Regina!

The Regina Hotel Association

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STAYINREGINA.COM
eXperience
more....

Sask Sport Inc.

The scope of the amateur sport community and volunteer base in Saskatchewan is enormous and they are eager to help you host your event in Saskatchewan. Each year more than 100 major sporting events are organized through our provincial sport governing bodies and managed by volunteers in Saskatchewan. Sask Sport is also responsible for the Canadian Sport Centre Saskatchewan. For more information on Sask Sport Inc., the provincial sport governing bodies or the Canadian Sport Centre of Saskatchewan, visit www.sasksport.sk.ca. Or contact Della Ruopp, Communications Coordinator 306.780.9375 or druopp@sasksport.sk.ca

SASK SPORT INC

A Federation of Provincial Sport Governing Bodies

